



Flight celebrates past while looking to the future. **PAGE 2**

Travis AFB Airmen advance Tuskegee lineage. **PAGES 10-11**

Tuskegee Airmen's history rolls back to World War II. **PAGES 10-11**

... **TUSKEGEE** Airmen celebrated with heritage flight



TAILWIND

All-Black heritage flight reflects, looks forward

60th Air Mobility Wing
Public Affairs

TRAVIS AIR FORCE BASE, Calif. – With palms sweat-slicked from hours at the controls and eyes heavy from poring over switches and levels, Capt. Christopher Tobiere, 9th Air Refueling Squadron KC-10 Extender instructor pilot, takes a short swig from his canteen and flashes back a grin from the flight deck.

“When I find myself struggling, I always think of how much the Tuskegee Airmen had to go through to get their wings,” he said.

Tobiere, the aircraft commander of an all-Black heritage flight that took off Feb. 18 from Travis Air Force Base, California, knows he hasn’t faced the same adversity that the aviation icons did. Even so, he’s careful to stay conscious of what challenges he negotiates as a Black Airman in today’s Air Force.

It wasn’t always that way, though, he said.

“Believe it or not, I was uncomfortable with Black History Month about 10 years ago,” Tobiere admitted. “Being the only Black person 99 percent of the time, I didn’t like the idea of highlighting my struggles. I wanted to stay under the radar and avoid rocking the boat. I let ‘jokes’ slide, even when they made me feel uncomfortable. But as I mature and raise my son, I understand how important it is to highlight Black history in the United States and how it has shaped who we are today.”

On Feb. 11, acting Secretary of the Air Force John Roth addressed the force, stating, “We have a responsibility to defend the nation for all Americans.”

In regards to the heritage flight, See HERITAGE Page 18



An all-Black aircrew from the 9th Air Refueling Squadron, Travis Air Force Base, California, poses for a picture in front of a KC-10 Extender after a routine aerial refueling mission Feb. 18. The purpose of the heritage flight was to honor Black History Month.

U.S. Air Force photo/Tech. Sgt. Traci Keller

Travis AFB takes part in bringing aid to snow-snarled Lone Star State



U.S. Air Force photo



U.S. Air Force photo/Nicholas Pilch



U.S. Air Force photo/Nicholas Pilch

1) U.S. Airmen from the 821st Contingency Response Group prepare to offload a pallet of bottled water Feb. 19 at Galveston, Texas. A team of 30 Airmen from the 821st Contingency Response Group traveled from California to Texas to support the Federal Emergency Management Agency request for assistance to airlift 64 tons of bottled water to storm-ravaged areas of Texas. 2) U.S. Airmen from the 621st Contingency Response Wing board a C-17 Globemaster III Feb. 18 at Travis Air Force Base, California. 3) U.S. Air Force Airman 1st Class Jasmine Shoemaker records refueling information while refueling a C-17 on the flight line Feb. 18 at Travis AFB.

Tailwind

Travis AFB, Calif. | 60th Air Mobility Wing

Air Force

Col. Corey A. Simmons
60th Air Mobility Wing
commander

1st Lt. Jasmine Jacobs
Chief of command information

Tech. Sgt.
James Hodgman

Senior Airman
Christian Conrad

Tailwind staff

Daily Republic

Nick DeCicco
Tailwind editor

Todd R. Hansen
Copy editor

The Tailwind is published by the Daily Republic, Fairfield, California, a private firm in no way connected with the U.S. Air Force.

While most of the editorial content of the Tailwind is prepared by the 60th Air Mobility Wing Public Affairs office for its Web-based product, the content for the Tailwind is edited and prepared for print by the Daily Republic staff.

Content of the Tailwind is not necessarily the official view of, nor is it endorsed by the U.S. Government, the Department of Defense or the Department of the Air Force.

The appearance of advertising in the publication, including inserts or supplements, does not constitute endorsement by the Department of Defense, the Department of the Air Force or the Daily Republic, of the products or services advertised.

Everything advertised in the publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital sta-

tus, physical handicap, political affiliation or any other nonmerit factor of the purchaser, user or patron.

Correspondence can be sent to the 60th Air Mobility Wing Public Affairs staff, Tailwind, 400 Brennan Circle, Bldg. 51, Travis AFB, CA 94535-2150 or emailed to 60amwpa@us.af.mil.

Deadline for copy is 4:30 p.m. Friday for the following Friday's issue. Swap ads must be brought to Bldg. 51 by noon Monday for possible print in that Friday's issue. Emailed or faxed Swap Ads are not accepted.

Those on base wishing to receive home delivery of the Tailwind can call 427-6975 today.

For information on paid advertising and on base circulation, call 425-4646. Correspondence can be sent to: Daily Republic, 1250 Texas St., Fairfield, CA 94533 or faxed to 425-5924.

Visit the Travis public web site at <http://www.travis.af.mil>. Read the Tailwind online at <http://tailwind.dailyrepublic.net> or by accessing the Travis SharePoint.

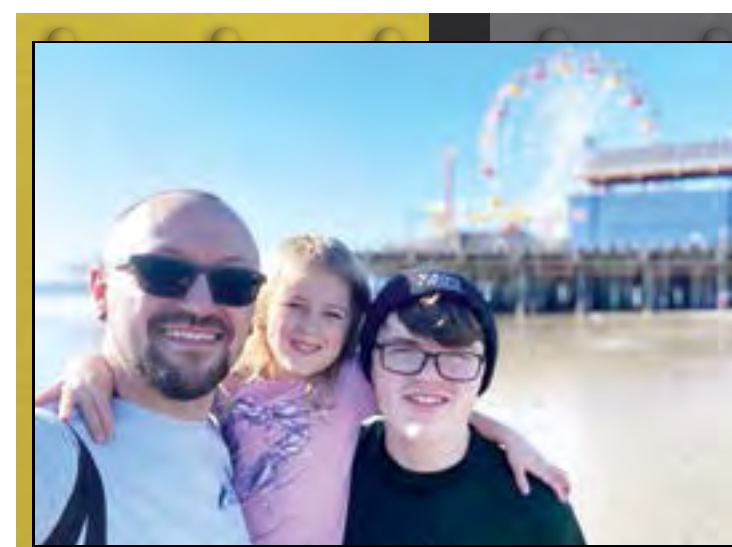
Table of contents

Cover story	2, 10-11
Puzzles	12
Worship services	13-14
Classifieds	17
Parting Shots	19

On the cover

U.S. Air Force Staff Sgt. Shedrian Williams, 22nd Airlift Squadron flight engineer, holds wooden artwork of a C-5M Super Galaxy Feb. 21 at Naval Air Station Cecil Field, Florida.

U.S. Air Force photo/Senior Airman Jonathon Carnell



Courtesy photo

WARRIOR OF THE WEEK

Name:
Nic Pilch.

Unit:
60th Air Mobility Wing Public Affairs.

Duty title:
Photographer.

Hometown:
Midlothian, Texas.

Time in civil service:
One year.

Family:
Daughter, Chandler; son, Caleb.

What are your hobbies?
Love watching cooking shows, doing puzzles and playing video games.

What are your goals?
To be the official photographer for the president and to have a family.

What is your greatest achievement?
My children. They are more important to me than anything else and I am most proud to be their father.

Travis tests VR suicide prevention training

Nicholas Pilch

60TH AIR MOBILITY WING PUBLIC AFFAIRS

TRAVIS AIR FORCE BASE, Calif. – Leaders from across the 60th Air Mobility Wing at Travis took part in a suicide prevention, virtual reality training test phase Feb. 17 – 19.

The 30-minute training is aimed to help Airmen's comfort in engaging with others to prevent suicide.

The training involves participants putting on a virtual reality headset and entering a scenario in which they interact with a person who is in obvious emotional distress. The goal is for the participant to convince the distressed person to get help. If participants don't ask the distressed person the right questions to prompt them to get help, a training coach chimes in to assist the participant.

Gen. Jacqueline Van Ovost, Air Mobility Command commander, awarded a contract to Moth + Flame, which specializes in creating virtual environments and applications. She hired the company to develop suicide prevention training that would allow Airmen and their spouses to interact with fellow distressed, Airmen in a virtual environment.

"We are excited and highly motivated to be the catalyst for this innovative suicide prevention program," said Brig. Gen. Norm West, Air Mobility Command surgeon general stated. The VR scenario is very realistic and this is the type of training we need to save lives in the real world. One life lost to suicide is too many."

AMC is the first VR project in the Department of Defense to utilize immersive, conversational training for suicide prevention.

"We believe this training will not only save lives but prepare our Airmen for tough conversations that will build a more resilient force," said Mr. Victor Jones, AMC Suicide Prevention program manager.

Master Sgt. Shawn Dougherty, a VR training facilitator here, said one of the most common occurrences in the current training, which involves role playing with fellow trainees, is that when someone needs to say something tough, they don't say it as loud as the rest of what they say.

"The unique part of this VR training is that it's voice-activated, so you're required to say things out loud



U.S. Air Force photo/Nicholas Pilch

U.S. Air Force Lt. Col. Glenn Cameron, 60th Civil Engineer Squadron commander, participates in a test-virtual reality program Feb. 18 at Travis Air Force Base, California. The resiliency program is being tested at Scott and Travis AFBs and is the only training of its kind across the Department of Defense.

that maybe you've never had to say before," said Dougherty. "Actually saying phrases to Airmen in distress like 'do you have a gun in the house?' ... or 'Are you thinking about harming yourself?'"

Scott and Travis AFBs were selected as pilot bases for this first phase of the training. During this phase, base leadership, squadron commanders, superintendents and first sergeants are participating in close-to-real-world, virtual scenarios.

"This module is an Airman-to-Airman scenario," Dougherty said. "The training gives you an opportunity to be face-to-face with another Airman, in an Airman's perspective with someone that's in distress. You are trying to talk them down, resolve the situation, figure out what is going on with him and find out the best scenario to get him to safety."

Dougherty said leadership is their primary audience for this first phase

See PREVENTION Page 12

What is it like to take the training? A member of Travis AFB's public affairs team gets a first-hand look

Commentary by Nicholas Pilch
60TH AIR MOBILITY WING PUBLIC AFFAIRS

After you put on the VR goggles, you sign in. Then you are greeted by an Air Force official to discuss the importance of resiliency and tough conversations about suicide.

After that, you are welcomed in to Tony Dungy's office, who volunteered to be a part of this interactive experience. Dungy's son took his life in 2005, and his father was a Tuskegee Airman.

While interacting with Dungy, he probes about your service and reminds you of the Air Force's A-C-E protocol to ask, care and escort someone in distress.

Then, you are catapulted into a real-life scenario. You get a call from

a woman asking you to check-in on Mike. Then images from social media showing warning signs that Mike is in distress scatter across the screen. Finally, you are face to face with Mike who wants to know why you are in his house.

From there, it plays out like any conversation. However, depending on what you say, Mike either shuts down or agrees to get help. Regardless of how the conversation goes, you feel like you're actually in the room, even if you don't at first.

I found myself feeling empathy for Mike. I answered incorrectly a couple times to see what his reaction would be, and the actor really pulled me into his story. His wife has left him and taken the kids. She won't

See PILCH Page 12

Awards celebrate Travis AFB's best



U.S. Air Force photo/Christine Minoda

U.S. Air Force Col. Corey Simmons, second from left, 60th Air Mobility Wing commander, and Chief Master Sgt. Robert Schultz, far right, 60th AMW command chief, present the 2020 Squadron of the Year award to the 60th Civil Engineering Squadron during the 60th AMW 2020 Annual Awards ceremony, Feb. 19 at Travis Air Force Base, California. The wing leadership recognized and highlighted Travis AFB's top military and civilian personnel for the year.

Air Force leaders direct second IG Disparity Review

Secretary of the Air Force
Public Affairs

ARLINGTON, Va. — Acting Secretary of the Air Force John P. Roth, Air Force Chief of Staff Gen. Charles Q. Brown Jr., and Chief of Space Operations Gen. John W. Raymond directed the Department of the Air Force Inspector General to conduct an additional independent review of racial, gender and ethnic disparity in the Department of the Air Force.

The review follows the department's 2020 Racial Disparity Review released in Dec. 2020 and expands its focus into three additional racial categories (Asian, American Indian/Alaska Native, Native Hawaiian/Other Pacific Islander), gender, and one additional ethnic category (Hispanic/

Latinx).

"The IG team has already begun to gather information contained in a wide array of previous reports, studies and various databases across the Department of the Air Force," Roth said. "Although the data is helpful, the most important information will come directly from our Airmen and Guardians."

"We learned a lot from the Department of the Air Force's initial disparity review and we know we'll learn much more from this second review as well," Roth said.

In directing the IG review, the senior leaders emphasized the need for further analysis, stating that "Ensuring fair and equitable discipline and development for all our Airmen and Guardians is critical. We are

committed to promoting an environment free from personal, social and institutional barriers that might prevent our members from rising to their highest potential. Diversity makes us a stronger and more capable force."

Findings of the follow-up review will be released in conjunction with the results of a 6-month assessment of actions taken in response to the initial racial disparity review.

In the coming days, enlisted, civilian and officer Airmen and Guardians across the services will receive an anonymous email survey from the DAF IG and facilitated by the Air Force Survey Office.

"It is critical that we hear from you because you are a central part of the solution," Roth said.

Sergeant revisits suicide attempt

43rd Air Mobility
Operations Group

POPE FIELD, North Carolina — Joining the military and completing basic training is difficult enough without additional obstacles. U.S. Air Force Technical Sgt. Alex West would have been more than happy if those were the only things he encountered. Unfortunately, there was much more.

The current 43rd Air Base Squadron Munitions Inspector grew up in rural Tennessee with his mother and older brother. Living in a single parent home and constantly on the move to stay in housing, there wasn't much money to go around. Looking for something to be involved in and thinking about post-high school life, he joined the Air Force JROTC at Franklin County High School in Winchester, Tennessee, to explore potential career options.

Everything had come together for the young Airman. Just as quickly, everything turned sideways.

A few days before he was scheduled to depart for Guam, he received a call that Corey had committed suicide. While the situation was obviously terrible, Alex was thankful he did

He was eager to join. In fact, so eager that he joined at the age of 17 with his mother's permission.

He zoomed through basic training and received his first assignment to Andersen Air Force Base, Guam, along with his best friend from tech school. Before leaving the country, he visited home to propose to his girlfriend, Allison, and spend time with his family.

There was much to celebrate in the household with Alex on his way to his first assignment and new career, an engagement to his high school sweetheart, and his brother, Corey, had just been released from jail after a 24-month sentence.

Everything had come together for the young Airman. Just as quickly, everything turned sideways.

A few days before he was scheduled to depart for Guam, he received a call that Corey had committed suicide. While the situation was obviously terrible, Alex was thankful he did

See SERGEANT Page 18

Star Tech
European

HONEST, ETHICAL & PERSONAL
AUTOMOTIVE SERVICE & REPAIR SPECIALISTS

Specializing in:

Mercedes-Benz, BMW, Porsche, Jaguar, Audi, Volkswagen, Volvo & more.

Family owned and operated.

Owner...Don Westhaver,
Over 45 Years Experience
Proud Military Parents

We offer dealer quality service
without the hassle or the price.

Factory trained, we use
OEM parts.



First Time Customers:
Bring ad in for visual 26 pt inspection

23 Union Way • Vacaville, CA • 707-455-8870 • star-tech-european.com

CELEBRATING 48 YEARS
EST. 1973
FAMILY OWNED & OPERATED

EVERY GREENE
Honda

FOR THE FIRST TIME EVER
HONDA INTRODUCES

0% APR

UP TO 60 MONTHS ON APPROVED CREDIT

ON ALL 2020 CR-V, RIDGELINE, HR-V & CIVIC AND 2021 INSIGHT, HR-V, PASSPORT, PILOT & CR-V

0% apr up to 60 months at \$16.67 per thousand financed, up to \$20,000, based on \$0 down, on approved credit. See store for details. No Payment for 90 days on approved credit. See store for details. Expires 03/01/2021.

MILITARY REBATES AVAILABLE NOW!

NEW AND USED CARS ON SALE

See AVERY GREENE HONDA First!

Best Prices **Best Selection**

EVERY GREENE
Honda

800 ADMIRAL CALLAGHAN LANE VALLEJO CA 94591
EXIT REDWOOD PARKWAY

888-619-0063
www.AveryGreeneHonda.com

Plus government fees and taxes any finance charges any dealer document processing charge any electronic filing charge and any emission testing charge. Expires 03/01/2021.



U.S. Air Force photo/Staff Sgt. Ryan Green
Deborah Skelton, Airman's Attic program director, sorts through various donations in the backroom of the Airman's Attic Oct. 17, 2020, at Travis Air Force Base, California. The Airman's Attic offers a variety of goods at no cost to service members and their families.

Airman's Attic helps save money on goods

Staff Sgt. Ryan Green
349TH AIR MOBILITY WING PUBLIC AFFAIRS

TRAVIS AIR FORCE BASE, Calif. — It can be tough saving money, especially with today's ever-rising costs. Luckily, one organization at Travis Air Force Base in California has made it a mission over the years to help service members save money and provide them with any necessary items they may need for free. That organization is the Airman's Attic at Travis Air Force Base, which is open to all service members, whether they are active duty, reservists or spouses. "Sometimes members arrive here at Travis without items or are still waiting for their stuff to arrive from

overseas or another state," says Deborah Skelton, Airman's Attic program director and facility manager. "We have a loan locker where they can borrow anything from clothing to household goods and we even have a food pantry that is stocked several times a month." Since 2018, Skelton has been managing the Airman's Attic and offering support service members. The experience gives her a sense of joy and fuels her passion to help people. "I've always been very passionate about helping people and have always volunteered with other entities from care homes to schools wherever I could get the opportunity," said Skelton. "The Airman's Attic came up with an opening to run

See ATTIC Page 20

Ramon Santos
NMLS 217037 | #1094
Branch Manager | Sr. Mkt. Advisor
FHA • VA • Conventional

Buying or Refinancing - Call Me
Together, possibilities are endless!
707.427.1400

301 County Airport Road, Suite 208, Vacaville, CA 95488

60th LRS expands commercial driver training

Senior Airman Christian Conrad
60TH AIR MOBILITY WING PUBLIC AFFAIRS

TRAVIS AIR FORCE BASE, Calif. — The idiom goes "Kill two birds with one stone." The 60th Logistics Readiness Squadron at Travis Air Force Base, California, is aiming to do the old saying one better: "Get two licenses with one test."

As of December 2020, 60th LRS ground transportation operators have been subject to a new, more rigorous certification process for their driving credentials in the interest of aligning their own curriculum with that of their private sector counterparts like the Department of Motor Vehicles.

The benefit of the new process is twofold, said Patrick McCarthy, 60th LRS ground transportation manager.

"Our new training requirements don't just churn out more confident drivers," he said. "Through the newly-minted Even Exchange Program, military drivers can now apply the experience they've gained to waive the knowledge and skills tests for a civilian Commercial Driver's License. This sets our veterans up for a job on the outside that can potentially pay up to six figures."

McCarthy explained that the program, co-sponsored by the American Association of Motor Vehicle Administrators as well as the Department of Transportation, has interested applicants pay a small accreditation fee for their civilian licenses instead of multiple fees: a fee for the commercial

vehicle rental to perform the driving test, a fee for the written test and a fee for the license itself.

"In the end, it lowers the cost of entry into an industry that's historically about 20 to 25 percent undermanned," he explained. "That pays dividends not only for the trucking industry at large, but also for those who get out of the service without much lined up. With this, we make that transition to the private sector more of a bridge for them instead of a cliff."

Staff Sgt. Patrick Eglinton, 60th LRS equipment support noncommissioned officer in charge, is one Airman who's seen the program grow from its infancy to what's now a program that's either been implemented or in the implementation process in 26 states.

For Eglinton, who's expressed his desire to make the military his career, the program represents a way of training military truck drivers in a more holistic way that brings to bear a host of situations they might've otherwise never been exposed to.

"When we say we made a military equivalency program that serves to satisfy the requirements and standards of the private sector, we're talking about all 50 states," Eglinton said. "We're not training our people to just drive on a flat-grade flight line. Our driving tests make sure to expose our Airmen to all kinds of terrain and situations so that they won't only succeed at Travis AFB, but anywhere they

happen to find themselves."

Whether an Airman wants to stay in the service as a career or do a four-year enlistment and separate, it's the Air Force's desire to see everyone who chooses to defend their country cared for and successful, Eglinton said.

"At the end of the day, everyone in a uniform rose their right hand to serve our country, and now it's the country's hope to serve them in return," he said.

The Even Exchange Program is currently active on some level in 26 states with plans to become active in the remaining 24, according to McCarthy. Plans to allow Department of Defense civilian workers to participate in the program are also in development.



U.S. Air Force photo/Senior Airman Christian Conrad
U.S. Air Force Senior Airman Joel Wilson, 60th Logistics Readiness Squadron ground transportation operator, backs up a bus as part of a commercial vehicle evaluation Feb. 17 at Travis Air Force Base, California. As of Feb. 9, 26 states either currently or are working to waive Commercial Driver's License knowledge and skills tests for certain trained and experienced military drivers.

Let My Experience, Make Your Home Buying or Selling Experience, Your Best Experience!

CENTURY 21 Nancy Price-Branson
REALTOR®
Cal BRE #01426977
CDPE, SFR, ABR, MRP, SRES

Cellular (707) 718-1989
nprice@c21mm.com
301 Dickson Hill Road, Fairfield, CA 94533

Each Office is Independently Owned and Operated

Visit Travis at **FACEBOOK.com/TravisAirForceBase**

You Served. You Save.

CAL ROOFING SYSTEMS

Vacaville, CA 95688
(707) 447-3132
Lic. #560708

www.calroofingsystems.com

DIXON LANDSCAPE MATERIALS

150 E. H St.
Dixon, CA 95620
(707) 678-8200

www.dixonlandscapematerials.com

NORTH BAY TRUCK CENTER

1245 Illinois St
Fairfield, Ca
94533
(707) 427-1386

www.northbaytruckcenter.com

MITCHELL'S
HAULING, CLEANING, ORGANIZING,
PACKING, & HOUSE CLEANING

Suisun City,
CA 94585
(707) 386-1312
Lic. #22444
Insured

DO YOU OFFER A MILITARY DISCOUNT?
PLACE YOUR AD HERE. \$40/MONTH CALL 707-425-4646

Save with Military Discounts from these fine businesses!

DoD targets multiple priorities in virus battle

Terri Moon Cronk
DEPARTMENT OF DEFENSE NEWS

WASHINGTON, D.C. — When the COVID-19 virus spread to the United States, the Defense Department took on many roles: protecting its people, supporting the national pandemic response, and ensuring the armed forces were ready to meet DOD's national security mission, a department official said Feb. 23.

Robert G. Salesses, performing the duties of assistant secretary of defense for homeland defense and global security, Feb. 23 addressed DOD's work during the pandemic at a virtual meeting of the National Defense Transportation Association's GovTravels, its new symposium for government travel and passenger service.

DOD is actively implementing President Joe Biden's new national strategy on COVID-19, he said. And DOD's priorities going forward are aimed at education, reinforcing mitigation efforts, expanding testing capability,



Department of Defense photo/Lisa Ferdinando

Robert G. Salesses, performing the duties of assistant secretary of defense for homeland defense and global security, discusses the Defense Department's many roles during the pandemic at a virtual meeting of the National Defense Transportation Association's GovTravels, its new symposium for travel and passenger service.

getting the vaccine and continuing to support the nation.

"You can imagine the Department of Defense with 2.2 million people in uniform and 700,000 civilians in the contract workforce," he said, adding that communication was — and is — vital when putting in place restrictions of

movement, social distancing, mask wearing and other mitigation measures. The 15,000 COVID-19 tests that are administered every day are also critical in controlling the spread of the virus.

"That kind of work, collectively, has been significant

See BATTLE Page 16

Events, info set for Nutrition Month

Tim Stearns

60TH OPERATIONAL READINESS
MEDICINE SQUADRON HEALTH
PROMOTION COORDINATOR

March is National Nutrition Month — an annual campaign created by the Academy of Nutrition and Dietetics.

This year's theme is "Personalize Your Plate." It emphasizes that everyone is different and, due to varying backgrounds, health conditions, body types and goals, there is no singular approach to nutrition and health.

To celebrate National Nutrition Month and bring awareness healthy eating and maintaining a healthy weight, Travis Health Promotion is coordinating the following events:

- 3-5 p.m. March 4 – Informational table in the Travis Fitness Center lobby promoting healthy eating, weight management, supplement safety and the importance of physical activity. Hosted by the health promotion coordinator and health promotion registered dietician, there will be a giveaway of National Nutrition Month-themed prizes, goodie bags and health promotion swag to those who stop by and ask questions.

- 11 a.m. to noon March 12 – Cooking demonstration hosted by Mckinzie Alston at the commissary. The demonstration will provide samples and showcase ways to make healthy, satisfying and tasty smoothies. There will be National Nutrition Month-themed giveaways, healthy cooking recipes and health promotion swag to take home.

- March 23 – Staff from the Health Promotion and Nutritional Medicine office are visiting the Youth Center to provide healthy eating education. There will be games and activities to reinforce the benefits of healthy eating.

- 4. March 25 - Healthy eating briefing in the First Term Airman Center. The briefing will focus on the needs of young Airmen by providing tips and strategies to healthy eating despite the unique barriers they face. National Nutrition Month-themed prizes and health promotion swag will be given to those in attendance.

The Centers for Disease Control and Prevention defines a healthy weight as a body mass index within the range of 18.5 to 24. Individuals with a BMI below 18.5 are considered to be "underweight," those with a BMI greater than 24.9 are considered to be "overweight" or "obese."

In the U.S., the prevalence of adults considered to be overweight and/or obese is 71.6%, with obesity being recognized as the second-highest cause of preventable death secondary to numerous, weight-related health issues such as heart disease, type 2 diabetes, stroke, and some cancers.

While a BMI exceeding 24.9 may be associated with multiple comorbidities and poor health outcomes, it is important to note that BMI is simply a metric used to help screen for weight categories predictive of potential health concerns,

See NUTRITION Page 16

Desert Storm's end hits 30 years

Charles Pope
SECRETARY OF THE AIR FORCE
PUBLIC AFFAIRS

ARLINGTON, Va. — Even before it began, before the first tactical decision and the first sortie flown, the 1991 conflict that would become known as Desert Storm acquired a notable profile.

Today, 30 years after combat ended on Feb. 28, 1991, Desert Storm's influence on the United States military, and especially the Air Force and Space Force, remain substantial and entrenched.

For any student of history, Desert Storm's accounting is well known. The U.S. and its allies flew more than 116,000 combat air sorties and dropped 88,500 tons of bombs over a six-week period that preceded the ground campaign. The air bombardment was so successful that the ground campaign was over in 100 hours.

Desert Storm was the first time stealth aircraft were used in a major way. It also



U.S. Air Force courtesy graphic

Thirty years after combat ended on Feb. 28, 1991, Desert Storm's influence on the United States military, and especially the Air Force and Space Force, remain substantial and entrenched. The U.S. and its allies flew more than 116,000 combat air sorties and dropped 88,500 tons of bombs over a six-week period that preceded the ground campaign.

featured an extensive use of precision-guided munitions. All of it was effective. The ground campaign began after six weeks of sustained air attacks drove Iraqi forces out of Kuwait in four days.

There are other notable footnotes.

Desert Storm was the first time the Patriot missile system was used in combat to

intercept and defeat Scud missiles. It was also the first time the Air Force relied heavily on stealth and space systems to support capabilities against a modern, integrated air defense.

Desert Storm, said Chief of Space Operations Gen. Jay Raymond, "is the first time

See DESERT Page 12



U.S. Navy photo/Ricardo J. Reyes

U.S. Navy Petty Officer 3rd Class Charles Cambren, a hospital corpsman, holds up a numbered sign as patients circle through to receive the COVID-19 vaccine as part of Operation Warp Speed at Walter Reed National Military Medical Center in Bethesda, Maryland.

Study investigates impact of COVID-19

**Military Health System
Communications Office**

The Uniformed Services University of the Health Sciences' Infectious Disease Clinical Research Program is leading

a multi-year study to identify risk factors for COVID-19 in the military population, understand the symptoms and disease course, and investigate

See STUDY Page 15

Solano County's Largest Full Service Truck Shop

NBTC
North Bay Truck Center

We service all makes and models of RV motorhome, 5th Wheel and Trailer Chassis, brakes, lights, engine, HVAC, transmission, steering, axles, bearings, suspension, tires etc. We also repair and service all trucks from a pick up truck to a Class 8 Big Rig.

Our team of Technician's have over 150 years combined repair and diagnostic experience. We treat your vehicle like it is ours. There is no job too big or small, we invite them all.

Give us a call to schedule an appointment or just stop by we always have coffee brewed and pepcom popped. We look forward to meeting you and providing you with excellent customer service.

(707) 427-1386

Mon.-Fri., 7:30AM-5:30PM
Sat., 7:30AM-4:00PM
1245 Illinois St., Fairfield, CA

Present This Ad for **10% Discount** off any Repair or Service!

PAZDEL CHIROPRACTIC, INC.

Tennis Elbow?

258 Sunset Ave., Ste. I, Suisun City
429-4861

www.PazdelChiropractic.com Se Habla Español

Given the opportunity to serve you will be a *win Winn* situation!

The Keys to your Dream Home are within reach. The market is HOT! To get moving, call me

Monica Winn
REALTOR® DRE# 1971960

(707) 344-4237 CENTURY 21

Providing VA Loans Locally!
Fulfilling the dream of Homeownership for our Veterans since 1994

We can EASILY close a VA loan transaction in 19 - 22 days here locally, So if you want to get it done Quickly at a Great Rate and Low Fees, with the same person from the beginning till the end, Let's Talk.

We have NO OVERLAYS! We can do a VA Loan 2 yrs after a Short Sale, Foreclosure or Bankruptcy AND we can do scores down to 580 and ratios up to 65%!

We have been able to successfully get COE's approved when other companies cannot get your eligibility restored!

We regularly beat other lenders quotes and we are right here Locally near the 'In and Out Burger'.

We DO Your VA IRRL's at the Very Lowest Rate available, Quicker than anyone else! No Appraisal, No Fuss, Just a quick REFINANCE into the lower 2's to save you \$200-\$500 a month! We can also do a VA JUMBO purchase anywhere in CA to 1.5Million at \$0 Down!

JUMBO VA Rates now in the Low 2% Range!

George R. Kalis
Broker/Owner
707.759.5129

NETWORK
INDEPENDENT MORTGAGE BROKERS
WHOLESALE MORTGAGE BROKER

We can use ANY Bank or Investors Wholesale dept. we are not confined to just one source!

1300 Oliver Rd., Ste. 140 • Fairfield • George@NIMBLoan.com • NMLS #270402 • DRE#02077932 • NMLS #1859425

Travis AFB Airmen advance Tuskegee lineage



1) U.S. Air Force Staff Sgt. Tiandra Reid, 60th Aeromedical Evacuation Medical technician, looks outside the door of a C-5M Super Galaxy, Feb. 20, at Joint Base Charleston, South Carolina. Reid was one of 27 crew members who flew a heritage flight, honoring Black service members and aviators. 2) U.S. Airmen pose for a group photo in a C-5M Feb. 19 at Travis Air Force Base, California. 3) U.S. Air Force Tech. Sgt. Kirk Gibson, 6th Air Refueling Squadron KC-10A Extender flight engineer, stands in a C-5M Feb. 19 at Travis AFB.

U.S. Air Force photos/Senior Airman Jonathon Carnell

Senior Airman Jonathon Carnell
60TH AIR MOBILITY WING PUBLIC AFFAIRS

TRAVIS AIR FORCE BASE, Calif. – “In the Air Force we all have a family, but (for) an all-Black crew to come together and achieve such a remarkable thing is nothing short of amazing,” said Capt. David Brown, 22nd Airlift Squadron pilot and aircraft commander.

A crew of 27 Black Airmen from Travis Air Force Base, California, flew a heritage flight on a C-5M Super Galaxy honoring Tuskegee Airmen Feb. 19-21 — a rare feat as only two percent of the Air Force are pilots and only two percent of those pilots are Black, according to Gen. Charles Q. Brown Jr., Air Force Chief of Staff.

“When I was a captain, I did an interview for Air Force Times, and it talked about the percentage of African Americans that were pilots,” stated Gen. Brown in an article published by Airman Magazine in December 2020. “It was two percent. That was 30 years ago. You know what it is right now? It’s still two percent.”

Capt. Brown explained that the historic mission was intended to demonstrate that any minority group could be an aviator in the Air Force, and it was deeply meaningful to the Airmen involved.

“This was a once in a lifetime flight,” said Capt. Brown. “Being part of an all-Black crew is kind of like having someone on board who gets everything about you. I believe something like this should happen multiple times a year.”

Capt. Jeff Jordan, 321st Air Mobility Operations Squadron C-17 Globemaster III pilot and a third-generation service member, echoed Capt. Brown’s sentiment.

“When I was a young boy, I never envisioned being a pilot,” said Jordan. “I never saw a Black pilot before, so I never considered flying a plane even though that was my dream.”

Today, Jordan is a part of the small percentage of Black aviators that Gen. Brown discussed, something Jordan said he hopes changes in the future.

“Being one who is in the two

Tuskegee Airmen’s roots go back to World War II

Aubrey Matthews
LEE A. ARCHER JR. TRAVIS AFB
CHAPTER HISTORIAN

A 1925 study conducted by the U.S. military concluded that “Blacks didn’t have the intelligence, ability or coordination to fly airplanes.”

In 1938, President Franklin D. Roosevelt announced an expansion of the civil pilot training program. However, due to the strict and segregated nature of the military, the NAACP and various Black newspapers began pressing to make sure African Americans would be included. In response, Roosevelt announced the Army Air Corps would also train Black pilots. All training would be conducted at the Tuskegee Army Air Field in Alabama, which was under construction at the time of the announcement.

There were three women, whom without them, the Tuskegee Airmen may not have existed. Mary McLeod Bethune, Willa Beatrice Brown and Eleanor Roosevelt played vital parts in the integration of the pilot program as well as in the African American interest in aviation.

• Brown, one of two women in the all-Black Challenger Air Pilots Association, was one of approximately 100 licensed, Black pilots in the entire country and was also the first African American woman to receive a commission as a lieutenant in the U.S. Civil Air Patrol.

• Bethune, a famed educator and head of the National Council of Negro Women, used her authority as the only female member of

percent of the two percent is something I take pride in,” Jordan said. “It’s also something I want desperately to change.”

Jordan said the all-Black flight represents a world of opportunities for Black youth.

“Seeing Black leaders in our schools, communities, Air Force, and honestly anywhere for that matter, redefines what young Black kids set as goals for their lives,” said Jordan. “Tuskegee Airmen started the path for us, and it is imperative that we

Roosevelt’s “Black cabinet” and her close friendship to first lady Eleanor to lobby against segregation and for integrating the pilot program. The key was to get the government to open training programs on the campuses of historically Black colleges and universities.

• Eleanor convinced the Rosenwald Fund to expand the pilot training program at Tuskegee. Early in the year, Eleanor visited the Tuskegee Institute’s Moton Airfield, asking the chief flight instructor, Charles A. “Chief” Anderson, if he would take her flying. Despite extreme objections from the Secret Service, Eleanor spent more than an hour flying over the Tuskegee airfield.

The Tuskegee Airmen were dedicated, determined young men who volunteered to become America’s first Black military Airmen. Those who possessed the physical and mental qualifications and were accepted for aviation cadet training were trained initially to be pilots, to become pilots, navigators or bombardiers. Tuskegee University was awarded the U.S. Army Air Corps contract to help train America’s first Black military aviators because it had already invested in the development of an airfield, had a proven civilian pilot training program and its graduates performed highest on flight aptitude exams.

The all-Black 332nd Fighter Group consisted originally of four fighter squadrons: the 99th, the 100th, the 301st and the 302nd. The 477th Bombardment Group consisted of four bomber squadrons: the

616th, 617th, 618th and the 619th, but never saw combat action.

You all look like me, laugh like me, we are the same, and I know I can pursue this life. I can do this.”

That is the goal of an experience like this, Capt. Brown said. “Believe in yourself,” he said. “I’m not supposed to be here — I’m from a small conservative background, no planes around, airfields or any of that. Being able to come out of that environment, make something of myself and be a pilot in the United States Air Force as a minority feels surreal.”



Desert

From Page 9

that we integrated strategic space capabilities into the theater for operational advantage.”

Desert Storm was also the first war since the adoption in the 1970s of the Total Force policy, which made the services far more dependent than previously on the National Guard and the Reserve.

Air Force Chief of Staff Gen. Charles Q. Brown, Jr., notes the “firsts” achieved during Desert Storm and their continuing legacy.

Yet while that legacy is significant, Brown maintains that another major – and often underappreciated – feature of the campaign is the importance of strong

alliances and partners.

Desert Storm, he said, fostered a new set of alliances that have remained mostly steadfast – and mutually beneficial – since the war ended.

“Allies; that’s the one thing that’s been constant since then,” he said. “You build these relationships with allies and partners and that pays huge dividends.” The benefits derived from combined operations, exercises and collaborations over the years continue to demonstrate their importance whether the adversary is ISIS or a peer competitor or a humanitarian effort, Brown said.

It’s true that by the time combat operations began on Jan. 17, 1991 following Iraq’s invasion and annexation of Kuwait, 39 countries including the United States, several Arab states, NATO partners

and others had formed a cohesive coalition.

It was a potent and effective force. By the time fighting ended 43 days after it began, the force, which included 697,000 service men and women from the United States, overwhelmed Iraqi forces.

Desert Storm also did something else: it rearranged and updated American warfighting strategies in a way that maximized new technologies and spawned new tactics and doctrines. It showed the importance of space and stealth, of using a truly multidomain strategy and using a “Total Force” doctrine.

Nowhere is that more true than the military use of space.

Desert Storm is recognized as the first true “space war,” one that used GPS,

precision-guided weapons and satellite communication. Those technologies and tools were central – and essential – to the success of the effort rather than cobbled on as an accessory.

And unlike previous conflicts, Desert Storm utilized the “Total Force” concept in which the National Guard and Reserve played crucial and expanded roles.

“The seeds of an independent Space Force were absolutely sown during Desert Storm. Up until Desert Storm, most people thought of space as an add-on,” said Air Force Lt. Gen. S. Clinton Hinoze, deputy chief of staff for Strategy, Integration and Requirements.

It’s not an overstatement, historians and analysts say, to trace the roots of the Space Force to Desert Storm.

Pilch

From Page 4

talk to him, and during a tussle, she fell and hit her neck on something that left a mark. Mike is at his wits’ end, and he doesn’t come out and say he is going to hurt himself, but it’s implied.

Eventually, you are prompted by Mike’s demeanor that he needs help, and you ask him to come with you to see the first sergeant.

The training closes with Dungy talking about his connection to the Air Force, the subject matter and the importance of resiliency and these conversations.

“We need to have these tough conversations because they will help us get to that spiritual strength,” Dungy said. “This is something that happens as a community and the more we can encourage the tough conversations, the stronger we’ll get, together.”

Puzzles

Below left are last week’s missing puzzles as well as solutions for the Feb. 12 edition. Solutions for the No. 530 puzzles are located on Page 15. Below right are this week’s scheduled puzzles. Their solutions will appear as scheduled in the March 6 edition. The Tailwind thanks its readers for their patience.

STR8TS
No. 530 Medium

4		2					7	
		1						
							8	3
9			1				6	
7					4			
			2		5			
	6			8				
	5						1	
		9		6				

© 2021 Spinnaker Puzzles
You can find more help, tips and hints at www.str8ts.com

Previous solution - Easy

9	8	7	5	4				
8	6	5	7	4	9	1	3	2
6	7	8	3	2	4			1
7	8	6	1	5	4	3	2	
9	5	7	6	8	3	2	1	4
	4	3	2	1		6	5	
3	4	2	1		8	9		
4	3	2	5	6	7	8	9	
2	3	4	6	5	7	8		

How to beat Str8ts
Like Sudoku, no single number can repeat in any row or column. But... rows and columns are divided by black squares into **compartments**. These need to be filled in with numbers that complete a 'straight'. A **straight** is a set of numbers with no gaps but can be in any order, eg [4,2,3,5]. Clues in black cells remove that number as an option in that row and column, and are not part of any straight. Glance at the solution to see how 'straights' are formed.

STR8TS
No. 531 Tough

		7			5			
			4					
				6	9			
2								
						3		
9				1			8	
	3							

© 2021 Spinnaker Puzzles
You can find more help, tips and hints at www.str8ts.com

SUDOKU
No. 530 Very Hard

		2	3			8		
6							5	
4				5	9			
				7	5		8	
	9		4				7	
8	3	5						
	7	8						3
	6							1
	8			9	6			

© 2021 Spinnaker Puzzles
The solutions will be published here in the next issue.

Previous solution - Tough

5	2	6	1	3	9	7	4	8
1	8	9	4	7	5	2	6	3
3	7	4	8	2	6	9	1	5
4	9	2	3	8	7	1	5	6
7	5	3	6	1	2	4	8	9
6	1	8	9	5	4	3	7	2
8	4	1	5	9	3	6	2	7
2	3	5	7	6	1	8	9	4
9	6	7	2	4	8	5	3	1

To complete Sudoku, fill the board by entering numbers 1 to 9 such that each row, column and 3x3 box contains every number uniquely.

For many strategies, hints and tips, visit www.sudokuwiki.org

If you like Str8ts, Sudoku and other puzzles, check out our books, iPhone/iPad Apps and much more on our store at www.str8ts.com

SUDOKU
No. 531 Easy

3			7		1	2		
5	9						1	6
				8				
	6							2
		2	4	6	3	9		
4							7	
				1				
2	8						3	9
		7	5		2			4

© 2021 Spinnaker Puzzles
The solutions will be published here in the next issue.

Prevention

From Page 4

because before Airmen can accept the new training, leaders need to first.

“I think this is a great opportunity to see how technology is being used to leverage a similar experience to that of a pilot,” said Lt. Col. Glenn Cameron, 60th Civil Engineering Squadron commander and participant in the VR training. “This allows you to have an experience of a scenario before you’re actually in it.”

Cameron leads one of the largest squadrons on base, and having this training available to his Airmen is something he thinks would benefit them all, from the youngest to the oldest Airman because these conversations are not easy to have.

“We’re having wing leadership come in because their feedback is vital to making sure that we get this program right,” Dougherty said. “We have to have the best solution to roll it out and reach as many Airmen as possible.”

Dougherty said being immersed in to a VR

“It’s a pretty intense experience, to be honest.”

— Lt. Col. Glenn Cameron

experience with dialogue-based training makes the conversation feel real.

“It’s a pretty intense experience, to be honest,” Cameron said. “You actually see a bona fide actor who doesn’t feel like anything except a real human being talking to you, and he gives you real answers, and there’s an interaction that gives you an opportunity to see when you cheese it up, he calls you out.”

Cameron also said it was an honest and emotional experience.

“AMC is preoccupied with suicide, predicting duress, modeling and intervening at our earliest opportunity,” said West. “The VR training increases our sensitivity to the subtleties and sub-threshold warnings necessary to make a positive difference. This is a family affair.”

DIRECTORY OF Local worship services

For advertising information about this directory, call Classifieds at 707-427-6973 or email: lvargas@dailyrepublic.net

ASSEMBLY OF GOD

First Assembly Of God of Fairfield

Lead Pastor: C. Eric Lura
 • 9:15 AM SUNDAY SCHOOL
 • 10:30 AM * MORNING WORSHIP
 • KID'z CHURCH Grades K-5th
 • 10:00 AM WEDNESDAY SENIOR PRAYER
 • 7:00 PM WEDNESDAY NIGHT Adult Bible Study
 Girl's Club
 Royal Rangers
 Revolution Youth
 *Nursery Care Provided

707 425-3612

2207 UNION AVE., FAIRFIELD
www.1agff.org
 email: info@1agff.org
 Live Stream on:



BAPTIST

Worship With Us... St. Paul Baptist Church

1405 Kentucky Street
 Fairfield, CA 94533
Rev. Dr. Terry Long, Pastor
Sunday
 Sunday School: 11:00 a.m.
 Morning Worship Service: 12:00 p.m.
 Children's Church: 11:30 a.m.
Tuesday
 Prayer Meeting: 6:30-7:00 p.m.
 Bible Study: 7:00-8:00 p.m.
Web Site: www.stpaulfairfield.org
Email: stpaulcfairfield@comcast.net
Church Phone: 707-422-2003

BAPTIST



MOUNT CALVARY BAPTIST CHURCH

Dr. Clayton Lee, Jr., Senior Pastor
Fairfield Campus
 1735 Enterprise Drive, Bldg. 3
 Fairfield, CA 94533
 Sunday Worship Services
 7:00am & 9:30am.
 Bible Study
 Tuesdays @ 7:00pm (Youth Sanctuary)
Suisun Campus
 601 Whispering Bay Lane,
 Suisun City, CA 94585
 Sunday Worship Services, 11:00am
 Bible Study
 Tuesdays @ 12:00noon
 707-425-1849
www.mcbcf.org for more information
 Live Stream on:



BAPTIST



Live stream at:
itsallaboutfamilies.org
 301 N. Orchard Ave., Vacaville
 707.448.5848

SUNDAY
 Classes for all ages..... 10:00 am
 Worship..... 11:00 am
 CORE Bible Studies 12:30 & 5:00 pm
 (2nd & 4th Sunday)

WEDNESDAY
 Adult Studies..... 2:00 pm
 AWANA for Kids..... 6:15 pm
 Adult & Youth Studies..... 6:30 pm

LUTHERAN

TRINITY LUTHERAN CHURCH

Tired of gimmicks and games?
 Want a Bible-believing traditional church?
 Need a loving church family?

You are invited to:
TRINITY LUTHERAN CHURCH - LCMS

Traditional Worship: 10 AM
Children's Church during 10 AM Service
 Adult Bible Study: 8:45 AM
 2075 Dover Ave., Fairfield
 (2 blocks south of Airbase Pkwy.)
 (707) 425-2944
www.tlcs.org

Rev. Dr. Dan Molyneux, Pastor

1127 Davis Street, Vacaville
 707-448-6209
www.fbcvv.com

CHURCH OF CHRIST

YOU are the one that God loves the most
 Come worship with us so we can learn from YOU.



Services Temporarily Suspended

Sunday Morning Bible Study 9 AM
 Sunday Morning Worship 10 AM
 Sunday Evening Worship 6 PM
 Wed. Evening Bible Study 7 PM
Homeless ministry at Mission Solano
Rescue Mission 1st Friday of month 6-8 PM

CHURCH OF CHRIST - SOLANO
 1001 Marshall Road, Vacaville, CA 95687
 707-451-9301 • www.churchofchristisolano.com

CHURCH OF JESUS CHRIST

THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS

Fairfield Stake Center
 2700 Camrose Ave.
 Sacramento Services Sunday
 1000 and 1200

Base Sacramento Services
 DGMC Chapel
 or North Courtyard
 (1st Floor North entrance)
 Sunday 1600-1630

Inquires: Call LDS Military Relations Missionaries
 707-535-6979

EPISCOPAL

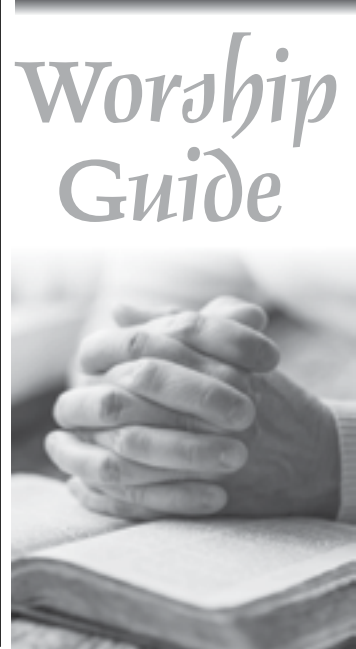


Grace Episcopal Church

1405 Kentucky Street
 Fairfield, CA 94533

Sunday Services:
8:00 a.m.
 Holy Eucharist Rite I
9:15 a.m.
 Pastor's Forum
10:00 a.m.
 Holy Eucharist Rite II
Tuesday Service:
10:00 a.m.
 Healing Eucharist

Childcare Provided for all Services
 For additional information or Live Stream at:
www.gracechurchfairfield.org
 or contact the office at 425-4481
 Welcome home to an Open, Caring, Christian Community



DIRECTORY OF Local worship services

For advertising information about this directory, call Classifieds at 707-427-6973 or email: lvargas@dailyrepublic.net

NAZARENE



10am Sunday
 310 Parker Street
 Vacaville, CA 95688

Please visit sonrise-vv.org for online details
nazarene.org

NON-DENOMINATIONAL



PASTOR JOSEPH PRUDHOMME
 1180 Western Street
 Fairfield, CA 94533
 707-474-7281
 Prayer Works

Sundays
 9:00am • 10:00am • 6:00pm
 Spanish translations available

Tuesday & Thursday
 Home Fellowship Groups
 Fairfield/Suisun/Vacaville

Ministries
 • Men/Ladies' Fellowships
 • Silver Saints
 • Youth Group (Jr./Sr. High)
 • Family Fellowship
 • Motorcycle Fellowship

NON-DENOMINATIONAL



Church of Christ
 1500 Alamo Drive
 Vacaville, CA 95687

Services Temporarily Suspended

Sunday Morning Bible Classes..... 9:30 am
 Assembly Worship..... 10:45 am
 Evening Assembly Worship . 5:00 pm
Wednesday Evening
 Bible Classes..... 7:00 pm

Classes also by appointment
 Elders:
 Mark McCallister (707) 446-7477
 Ed Sanderson Sr. (707) 446-0536

NON-DENOMINATIONAL



Outdoor Service 8:30-9:30
Please register at
www.vacavillefaith.org
to watch sermon online.

Bible Based Expository Preaching
 Sunday Worship Services

Check our website for information on other ministries offered
www.vacavillefaith.org

NON-DENOMINATIONAL



A Passion to...
 Worship God • Love People • Share Christ
A Non-Denominational Bible Teaching Church

Services Held Indoors 8:30 am, 10 am and 11:30 am
Social Distancing Practiced
Face Masks Recommended
Register for a service at
cccw.me.

• Men's & Women's Bible Studies
 • Prime Timers (Seniors Ministry)
 • In Home Mid-Week Bible Studies
 • Celebrate Recovery

Ruce Gallaher, Lead Pastor
707-446-9838
www.cccw.me

190 Butcher Road, Vacaville, CA 95687
 (off of Alamo, Just South of I-80)

NON-DENOMINATIONAL



Vacaville Church of Christ
 401 Fir St., Vacaville, CA 95688
 (707) 448-5085
 Minister: Ryan Brewer

Sunday Morning Bible Study
 9:30 AM
 Sunday Morning Worship
 10:30 AM
 Sunday Evening Worship
 6:00 PM

Wed. Evening Bible Study
 7:00 PM
www.vacavillecofc.com

NON-DENOMINATIONAL



ONE CHURCH TWO LOCATIONS

FAIRFIELD
 2641 N. Texas St.

SUISUN
 611 Village Dr.

Visit us online for service times,
LibertyFairfield.com

707-425-9673

NON-DENOMINATIONAL

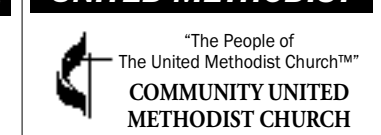


The Father's House
 4800 Horse Creek Drive
 Vacaville, CA 95688
 (707) 455-7790
www.tfh.org

Service Times
 Saturday: 6pm
 Sunday: 9am & 11am

Live Stream at

UNITED METHODIST



1875 Fairfield Avenue, Fairfield
Phone: 707-426-2944
Email: info@cumcfairfieldca.org
Website: cumcfairfieldca.org
YouTube: CUMC Fairfield

Pastor Anne Choy
 Online Worship Service 10:15 a.m.
 Communion - 1st Sunday of each month

Children, Adult and Bell Choirs
 Young Adult Ministries
 Adult Bible and Book Study Classes
 United Methodist Women
 United Methodist Men

Online Sunday School for Children
 facebook @cumcfairfieldca

unity



Celebrating our oneness, honoring our diversity
350 N. Orchard Ave, Vacaville - 447-0521
unityvv@pacbell.net
www.unityvacaville.org

Sunday Morning
 8:00 am Coffee with God
 10:00 am Contemporary Celebration with Youth Education

Wednesday Evening
 6:30 pm Non-Denominational Meditation Time
 7:00 pm Contemplative Prayer

Come Home to Unity
It's Like Blue Jeans for the Soul
 Affiliated with publisher of Daily Word®

Study

From Page 9

clinical outcomes.

Epidemiology, Immunology, and Clinical Characteristics of Emerging Infectious Diseases with Pandemic Potential – or EPICC – study hopes to inform the Military Health System on ways to improve the patient care and treatment, infection, and disease prevention of those with COVID-19. USU is working in partnership with a network of military commands, treatment facilities, and laboratories across the country for EPICC.

Findings from the study “will support further understanding of the impact of SARS-COV-2 infection on active-duty readiness, acute and chronic clinical outcomes, the effectiveness of new treatments and vaccines, and address questions related to the emergence of new variants and their clinical impact,” said Dr. Brian Agan, deputy science director of IDCPR and principal investigator of the study.

The study is also evaluating how long the immune response to the COVID-19 vaccines lasts, breakthrough infections – which happen when a vaccinated individual becomes sick from

the same illness the vaccination is designed to prevent – and how they behave over time, and estimating vaccine effectiveness, said Agan, who is also an employee of the Henry M. Jackson Foundation for the Advancement of Military Medicine, Inc.

Department of Defense service members and MHS beneficiaries of any age with COVID-19-like illness who are admitted to the hospital or treated as outpatients at an EPICC site can join. Likewise, those 18 years or older who have been tested for COVID-19, whether they tested positive or negative, can participate in the online portion of the study, which includes self-collected blood specimens for selected participants.

The protocol was recently updated to also enroll COVID-19 vaccine recipients and will initiate recruitment upon approval, said Navy Capt. (Dr.) Timothy Burgess, program director of IDCPR, who oversees the study. Eligible beneficiaries who are interested in participating in EPICC can submit an online screening form to join.

“In addition, asymptomatic individuals with a high risk of exposure are also eligible for enrollment in EPICC, which includes health care workers and close contacts of cases,” said

Burgess. “Particularly, health care workers who have received a COVID-19 vaccination will be an important population for studies to examine vaccine effectiveness and outcomes.”

Data from inpatient, outpatient, and online participants, including their clinical characteristics, comorbidities, the clinical course of their illness, treatment, immunology, and outcomes, is being collected for the study.

“Questionnaires are provided to enrollees to collect information on demographics, symptoms at initial presentation and chronic or persisting symptoms during follow-up, exposure history, and lifestyle factors,” said Burgess. “Clinical and research specimens collected from enrollees are examined using molecular, serological, and other immune assays in collaboration USU and non-USU

partner laboratories.”

Initiated in March 2020, EPICC is expected to continue enrolling participants at least through March 2022, or for as long as needed to fill in the knowledge gaps related to this disease, explained Agan.

“Once enrolled, participants are actively followed for one year to fully capture specimens and data including chronic outcomes and sequelae and will be followed for up to four additional years through electronic medical record review,” Agan said.

EPICC is being conducted at 10 military medical treatment facilities throughout the United States:

- Brooke Army Medical Center in Fort Sam Houston, Texas
- Carl R. Darnall Army Medical Center in Fort Hood, Texas
- Fort Belvoir Community

Hospital in Fort Belvoir, Virginia

- Joint Base Lewis-McChord, Washington
- Naval Medical Center Portsmouth in Portsmouth, Virginia

- Naval Medical Center San Diego in San Diego, California
- Tripler Army Medical Center in Honolulu, Hawaii
- William Beaumont Army Medical Center in El Paso, Texas

- Womack Army Medical Center in Fort Bragg, North Carolina
- Walter Reed National Military Medical Center in Bethesda, Maryland

By the first week of February, more than 1,600 active-duty service members and MHS beneficiaries had enrolled in EPICC, the majority of whom are being treated as outpatients, said Agan.




DR. JEFFREY BROOKS
Board Certified and Fellowship Trained Vascular Surgeon

VARICOSE VEINS? LEG ULCERS? LEG PAIN? LEG SWELLING? LEG CRAMPS? LEG HEAVINESS? BURNING SENSATION? SKIN COLOR CHANGES? RESTLESS LEGS?




FREE CONSULTATION! WE CAN HELP! CALL TODAY! (707) 392-2500

- Major Insurance, MediCal, Medicare, Covered CA and Care Credit Accepted
- Se Habla Español

OUR OFFICES:
935 Trancas Street, Suite 2C, Napa, CA 94558 | 1360 Burton Drive, Suite 160, Vacaville, CA 95487
1460 N Camino Alto, Suite 101, Vallejo, CA 94589 | 5120 Manzanita Ave. #105, Carmichael, CA 95608
1261 Travis Blvd., Suite 150, Fairfield, CA 94533

www.TreatYourLegs.com

Feb. 19 puzzle solutions

Previous solution - Medium

4	3	2		5	6		7	8
3	2	1	5	4	8	6	9	7
	4	5	6		9	7	8	3
9		4	1	2	3		6	5
7	8		3	1	2	4	5	6
8	7		2	3	5	1	4	
5	6	7	4	8	1	2		
6	5	8	7		4	3	1	2
		9	8	6	7		2	1

Previous solution - Very Hard

7	5	2	3	9	1	8	6	4
6	3	9	4	8	2	1	5	7
4	8	1	6	7	5	9	3	2
1	4	6	9	3	7	5	2	8
2	9	5	1	4	8	3	7	6
8	7	3	5	2	6	4	1	9
5	1	7	8	6	4	2	9	3
9	6	4	2	5	3	7	8	1
3	2	8	7	1	9	6	4	5

Ready to shed that quarantine cut? Tired of cutting your own hair? I am accepting new clients and would love to help you get a new look.



Phil's Hair Design
Text 707-330-8126
for an appointment

Nutrition

From Page 8

Airmen complete FTAC



U.S. Air Force photo/Senior Airman Karla Parra

Congratulations to the latest Airmen to complete the First Term Airman Center course.
Alphabetically: Airman 1st Class John Bredar, 60th Inpatient Squadron; Airman 1st Class Diviana Forrest, 60th IPTS; Airman 1st Class Michael Jeffers, 60th Aircraft Maintenance Squadron; Airman 1st Class Julian Lou Gregorio Macabuag, 60th Logistics Readiness Squadron; Airman 1st Class Joseph Mantey, 60th Aerial Port Squadron; Airman Dayton McCarthy, 60th AMXS; Airman Darius Moore, 60th AMXS; Airman Martin Napierkowski, 60th Civil Engineer Squadron; Airman Zaire Norfleet, 60th AMXS; Airman Duke Omenge, 60th Healthcare Operations Squadron; Airman 1st Class John Parker, 60th Operations Support Squadron; Airman Ella Pollack, 60th HCOS; Airman 1st Class Nicole Snowden, 21st Airlift Squadron; Airman 1st Class Anthony Sylvain, 860th AMXS; Airman Robert Thompson, 60th AMXS; Airman 1st Class Erin Wang, 21st AS; and Airman 1st Class Xzavier Watson, 860th AMXS.

Battle

From Page 8

for the nation and for the Defense Department,” he said, noting that nearly 990,000 doses of vaccine have been administered across DOD, so far.

“We have to adapt and evolve as we see the situation,” Salesses said. It became clear that the medical professionals were needed around the country, so DOD adapted by providing medical professionals to help out in public and private hospitals.

Additionally, the Army Corps of Engineers designed and built 38 alternate-care facilities to house patients in multiple states. The National Guard has been on the frontlines of the COVID-19 mission. At the height of the pandemic crisis, there were more than 47,000 National Guard members deployed, he said. “They were supporting testing and emergency medical care and public health efforts in different states and territories, communications, transportation [and] logistics. And, even today, we have over 28,000 National Guard deployed around the states and territories, assisting the state and local officials.”



Department of Defense photo/Lisa Ferdinando

Robert G. Salesses, performing the duties of assistant secretary of defense for homeland defense and global security, discusses the Defense Department's many roles during the pandemic at a virtual meeting of the National Defense Transportation Association's GovTravels, its new symposium for government travel and passenger service.

The Defense Department was instrumental in supporting federal, state and local partners, he noted. For example, a public-private partnership among DOD, the federal Department of

suggesting that individuals with a BMI greater than 24.9 can also achieve peak performance and optimal health.

It is generally assumed that military members are among the fittest individuals in the U.S. Currently, 41% of active duty members stationed at Travis Air Force Base, California, are considered to have a healthy weight, suggesting that 59% may be overweight or obese.

Additionally, roughly only 24% of active-duty members are consuming the daily recommended amounts of fruits and vegetables, and 78% of active-duty members are meeting the recommended guidelines for cardiovascular and resistance training. Alternatively, 63% of active-duty members are consuming beverages loaded with sugar.

Current nutrition guidelines for maintaining a healthy weight are: 1) follow a healthy eating pattern across the lifespan, 2) customize and enjoy nutrient-dense food and beverages, 3) focus on meeting

food group needs with nutrient-dense foods and beverages, and stay within calorie limits, 4) limit foods and beverages higher in sugars, saturated fat and sodium, and limit alcoholic beverages. As outlined by the USDA, the nutritional goal is to consume less than 10% of calories from added sugar, less than 10% of calories from saturated fats and consume less than 2,300 milligrams of sodium per day.

Adapting healthier eating habits and following the recommended dietary guidelines will drastically improve overall health and aid in maintaining a healthy weight – and Health Promotion and Nutritional Medicine is here to help. Health Promotions offers tons of squadron-level educational materials, briefings, incentive-based challenges, tips and strategies and healthy eating policies.

The Nutritional Medicine Clinic offers group lifestyle balance and lifestyle performance medicine classes, body composition testing and one on one counseling.

For more information, call Health Promotions at 707-423-7417 and/or Nutrition Medicine at 707-423-7867.

“There’s been tremendous work done over the last year, and, in particular, over the last couple of months with the Biden administration to make sure the vaccine is going to be available and implemented,” Salesses said. “And one of the initiatives [Secretary of Defense Lloyd J. Austin III] made clear on his first day [was] that DOD must move further and faster to counter this pandemic. To that end, DOD is partnering right now with [HHS, the Federal Emergency Management Agency and the Centers for Disease Control] and state and local authorities to stand up mega and large vaccine centers.”

DOD has also been focused on COVID-19 internationally. “A lot of great work was being done with our allies and partners, he said, adding that the department has helped more than 143 countries with testing, diagnostics, medical supplies and equipment.

As the United States continues to operate in a COVID-19 environment and go forward, it’s vital to have strategic communications with coherent and consistent messaging so people know what’s expected of them. It’s also important to put aggressive mitigation measures in place to get the vaccine out to be more effective as a nation.

TAILWIND Classified 427-6936

HOME • BUSINESS • SERVICES DIRECTORY

C190 CONCRETE WORK

Pennella Concrete
Driveways, Patios, Walks
Colored & Stamped

FREE Estimates

(707) 422-2296
Cell 326-7429

H160 HOUSE CLEANING

A & A Professional Cleaning Services
Carpet & Upholstery,
Kitchen & Baths, Windows, Etc.

LICED & INSURED
707-386-3004

P100 PAINTING

BELLA PAINTING
Superior Quality
& Craftsmanship

(707) 631-6601

0501 HELP WANTED

ABCO

Family owned business looking for an Accountant/Bookkeeper to analyze financial information and prepare financial reports to determine or maintain record of assets, liabilities, profit and loss, tax liability, or other financial activities within our organization. Bachelor's or master's degree in tax, accounting, or finance. Email resume to ppage@abcolabs.com

0827 HONDA

2015 Civic EX Coupe. A/T, all pwr., 104k mi., super clean, mfr. super clean. \$12,900 DLR #42203. (707)280-6816 Quinterosautosales.com

C190 CONCRETE WORK

Dennis & Son Concrete
DRIVEWAYS - PATIOS - FOUNDATION
PAVERS - COLORED & STAMPED

St. Lic# 470639 A-RBB Insured

800-201-2183

We'll beat any licensed contractors bid

L105 LANDSCAPING

YARD SERVICES
Free Estimates

(707) 425-7284

P100 PAINTING

#1 ANDY SUNRISE
Int./Ext. Acoustic
Removed & Texture

707-425-7542 PHONE
707-290-8179 CELL
707-425-1381 FAX

0619 BIKES-MOPEDS -SCOOTERS

Jazzy Zero Turn elec. scooter by Pride. Excellent condition. Originally purchased on 5/30/2020. All original paperwork included. Operates on any smooth surface. \$999 obo. Call for more details (707) 374-6248

2015 Civic SE. All pwr., 104k mi., Clean in/out. Smog, \$9,900 obo. DLR #42203. (707)280-6816 Quinterosautosales.com

H120 HAULING

When You Want It Gone...
... call John

JOHN'S HAULING
(707) 422-4285

FREE Estimate + Same Day Svc.
Insured License #D4000359
Credit Cards Accepted
www.422haul.com

L105 LANDSCAPING

Gastelum Tree Service & Landscaping
Licensed and Insured

707-718-0645 / 878-2579

P100 PAINTING

EXCELLENT PAINTING
Residential • Commercial

707.426.3411
or 707.580.4656

0808 PICKUPS, 2WD

2002 Chevy Silverado LS X Cab. All pwr., 1500k miles, clean, smog. \$5,900 obo. DLR # 4 2 2 0 3. (707)280-6816 Quinterosautosales.com

2017 Fit LX sport. A/T, all pwr., great on gas! 162k mi. Super clean. \$8,900. obo DLR #42203. (707)280-6816 Quinterosautosales.com

H120 HAULING

MITCHELL'S HAULING
HAULING, CLEANING, ORGANIZING,
PACKING & DOWNSIZING.

KATHY MITCHELL
Owner

FREE ESTIMATES
SAME DAY SERVICE

CELL (707) 386-1312

L105 LANDSCAPING

FOUR BROTHERS
Yard Service • Clean Up
Hauling • Trees • Fencing
Maintenance

707-426-4819

R130 ROOFING

CAL ROOFING SYSTEMS
INC.

"Locals Serving Locals"
For Over 31 Years

FREE ESTIMATES
(707) 447-3132

CalRoofingSystems.com

0851 TOYOTA

2001 Echo. A/T, all pwr., great on gas 44+ MPG. 163k mi. Clean in/out. \$5,900. obo DLR #42203. (707)280-6816 Quinterosautosales.com

H120 HAULING

JUNK REMOVAL IN SOLANO COUNTY

We haul away your junk, debris, & unwanted items

VISA
DISCOVER

\$30 OFF COUPON!
This coupon is good for \$30 off any junk removal service. Some restrictions apply. Valid through 4/1/2021. Call for details.

1(800)369-9105
BULLBRIGHTLLC.COM

Or Text Us At
(707)761-4633

L105 LANDSCAPING

T & T TREE & LANDSCAPING SERVICE

20 Years Experience
Complete Professional Tree Service
Tree & Shrub Removal Any Size
Pruning • Planting • Shipping
Landscaping • Irrigation
Irrigation Systems • Sprinkler Repair

Insured & Free Estimates
707-426-1251 • 707-290-2679

H140 LOCKSMITH

FAIRFIELD SAFE & LOCK CO
KEYS • LOCKS • SAFES

Changed, opened, repaired & installed.

Deadbolt & foreign car specialist

24 Hr. Emergency Service
811 Missouri St. • 426-3000

0810 SUVs - 2WD

2005 Chevy Suburban LS. All pwr., seats 9, V-8 5.3L, clean/smog. \$8,900. obo. DLR #42203. (707)280-6816 Quinterosautosales.com

2014 Prius C one. All pwr., A/T, 55+ MPG. 176k mi. Clean in/out. \$5,900. obo DLR #42203. (707)280-6816 Quinterosautosales.com

Here's your keys to savings.

J&S TILEWORKS
10 Years Experience

(707) 365-2244

Indoor Tile • Outdoor Tile
Tile Repairs • Swimming Pools
Patios • Stairs • Flooring

FREE ESTIMATES

707-427-6936
www.dailyrepublic.com

Sergeant

From Page 5

have the brief experience and training from the military. He was the most prepared person in the family to manage the stress and commotion that came along with an unexpected and devastating loss of a loved one.

But he wasn't alone. When Alex called his friend to inform him what happened and that his arrival in Guam would be delayed, he responded, "It doesn't matter when you get here, I'll be here for you." Turns out, there were a whole lot more in his support network than he ever could have realized.

After spending extra time at home making sure his family was OK, he left for the other side of the world while having to process a slew of stress from loss, grief, a long distance relationship, unfamiliar surroundings, a new job, and the struggles of newfound adulthood. Through it all, the Air Force family was there.

"During the most transitory time I had ever experienced, the one constant I could embrace was the wingmen I met along the way, including my supervisor," West remembers. "With their help, I was able to seek counseling and have a



U.S. Air Force Tech. Sgt. Alex West, 43rd Air Base Squadron munitions inspector, poses with his wife, Allison, during a vacation. West recently shared his experiences with suicide to help others.

support structure and mentors I knew I could count on no matter what."

His only true regret is that he hasn't shared this experience sooner so that others can learn from the obstacles he

encountered. "Until recently, only my very close friends and supervisor knew what happened," West said. "I realize now that by not sharing my experiences, not only did I close myself off to more

"As Airmen, we need to be ready to support them and get them the help they need."

— Tech. Sgt. Alex West

avenues of support, but I also did a disservice to my wingmen who may have needed to hear my story."

He shares his experiences to help fellow Airmen should they ever have something similar occur in their life, telling them that "Something like this may never happen to you, but there may come a time when it will happen to a loved one, a co-worker, or even a supervisor. As Airmen, we need to be ready to support them and get them the help they need."

Now 10 years later, he remains friends with the men and women who were there for him. He's still married to the woman that he proposed to at 18. And, he is still thankful for all of them.

"Thanks to the foundation of support in the Air Force, I know the value of wingmanship and mentorship like few others. I don't think I would be the same man that I am today without those who were there for me when I needed it most."

Heritage

From Page 2

Tobiere hopes it will become more than just a celebration, but a catalyst for deeper conversation – something he feels is vital for the Air Force moving forward.

"This flight is awesome because like that tough conversation about race, diversity and unconscious bias, it is starting to become the 'norm,'" he explained. "Instead of this flight making people feel uncomfortable, it should give them an opportunity to reflect. If nothing else, it's a fantastic conversation starter, which is the first and most important step in changing the Air Force for the better."

As the flight lands, Tobiere again reflects on the Tuskegee Airmen. What America had they lived in, and perhaps more importantly, what about it, despite the flood of abuse and injustice they'd faced, was worth fighting for, dying for and, ultimately, making better?

"The first black pilots were trained in 1940," he said.



U.S. Airmen pose for a group photo in a C-5M Super Galaxy Feb. 19 at Travis Air Force Base, California. Twenty-seven crew members flew a heritage flight, honoring Black service members and aviators.

"Racial segregation wasn't banned until the 1960s, so when you talk about dedication, perseverance and being resilient, they're a perfect example. I owe my life to every American who fought and died so that I can be free. That's a given. But we owe this conversation to the Tuskegee Airmen who fought for a country that didn't support them and treated them

as less than human. That's why I think it's important to remember and honor these trailblazers.

"We are not a perfect organization. We have failed each other in more ways than one, but I do have hope that we can turn this around. I don't know when, but for the first time, I do know how, and that's comforting."

Ask About Our MILITARY DISCOUNT

Four Seasons SELF STORAGE
Located off Hwy 12 @ Walters Road

SIZES TO FIT EVERY NEED!
Household • Commercial • Warehousing • Boat & RV

- New Manager Onsite
- Security Cameras
- Individually Alarmed Units
- Private Gate Codes
- Well Lit Wide Hallways
- Drive-Up Units Available

Happy Valentine's Day

COUPON

\$20 OFF First 6 Months

ON MOST SIZES. NOT VALID WITH ANY OTHER OFFER.
NEW CUSTOMERS ONLY. EXPIRES 2/28/2021

1600 Petersen Road • Suisun
(707) 439-0605
www.4ssonline.com



1



2

PARTNERSHIP

Two Travis wings team up for C-5M training

U.S. Air Force photos by Senior Airman Jonathon Carnell

1) U.S. Air Force Airman 1st Class Molly Connors, 22nd Airlift Squadron loadmaster apprentice, walks up the stairs of a C-5M Super Galaxy Feb. 17 at Travis Air Force Base, California. This was Connors' second time having hands-on mission training on the aircraft. 2) U.S. Air Force Airman 1st Class Aluko Adedeji, 821st Contingency Response Support Squadron aerial port journeyman, awaits direction to maneuver a K-6 loader onto a C-5M Feb. 17 at Travis AFB. Airmen from the 621st Contingency Response Wing and 22nd AS trained together loading four pallets and two motorized vehicles onto a C-5M. 3) U.S. Air Force Airman 1st Class Angel Castillo, 22nd AS loadmaster apprentice, opens a door on a C-5M Feb. 17 at Travis AFB. Prior to a flight, loadmasters complete a series of checklists to ensure the aircraft is ready for departure.



3

Attic

From Page 6

the program and I took the opportunity to do that and make it my own, since helping people really brings me joy.”

While it is mostly lower ranking individuals that receive aid from Skelton and the Airman's Attic, the organization is open to all service members of any rank. Some who used the Attic in the past, like retired Master Sgt. Chrisalda Jimeno, now even work as volunteers.

“After retiring, I wanted to do something worthwhile that could help out both myself by staying active and everyone else,” said Jimeno. “By helping, I feel like I am contributing to the welfare of the people here on base.”

The aid from Jimeno and others at the Airman's Attic continues to help many service members, with some getting creative over the years with the treasures it has to offer.

“I found a working projector that was taken apart, but I located all of the parts scattered throughout the Airman's Attic,



U.S. Air Force photo/Staff Sgt. Ryan Green

U.S. Air Force Airman Dynaeja Nimmons assists customers at the Airman's Attic Oct. 17, 2020, at Travis Air Force Base, California. All ranks and service members are welcome to utilize the Attic, including reservists and spouses.

including all of the necessary cords and tools needed to set up and put it together,” said Senior Airman Pierre Brewu, an Inventory Technician for the 60th Logistics Readiness Squadron.

“Now I currently use it as my living room television, since I don't have one.”

Along with such free items, the Attic also strives to make sure that members and their families know their services are available to them, no matter what the circumstances.

“We got a call one time to get a uniform together for a retired military member who was

about to pass away or had already passed away,” said Skelton. “The family could not find his original uniform. We immediately told them to come over to the Airman's Attic and get whatever they needed for his burial service.”

Despite the aid the Airman's

Attic offers, like other services, it is dealing with many restrictions due to the COVID-19 pandemic and needs more volunteers once those restrictions are loosened. Some activities that volunteers can assist with include sorting the many donations the Attic receives and making sure they are of good quality and are acceptable for service members and their families. In addition, the Attic sometimes receives larger donations, such as furniture, and requires a team to help move the items indoors as well as help load it into the vehicle of a new owner.

“Debbie runs a good place and we make sure everything is in order, but we need more volunteers,” said Leo Jimeno, Chrisalda's husband and another volunteer. “There's only three of us at the moment and there's a lot to do.”

The Airman's Attic is located at 560 Hickam Ave. and is open from 4 to 6 p.m. every Monday and Wednesday as well as Saturday of every Primary Reserve Unit Training Assembly from 11 a.m. to 1 p.m. Members can also contact the Attic at 707-424-8740 or through the organization's Facebook page.



SCANDINAVIAN
DESIGNS

FURNITURE

VISIT OUR VACAVILLE STORE
AND ASK ABOUT OUR

15%

**MILITARY
DISCOUNT***

*APPLIES TO REGULAR PRICED PURCHASE ONLY.
TERMS APPLY VISIT STORE FOR DETAILS.

STORE HOURS
MONDAY - SATURDAY: 10AM - 6PM
SUNDAY: 11AM - 6PM

www.scandinaviandesigns.com



266-A Bella Vista Road, Vacaville, CA 95687 | 707.447.4449